



FEBRUARY

Nutrition Class Calendar

Note: Gestational Diabetes Classes are by appointment only.



MON	TUE	WED	THU	FRI
		Gestational Diabetes 3 10:45am Diabetes Meal Planning 1:00pm	1	Nutrition for Kids 2 1:00pm
Weight Management 5 1:00pm	6	Gestational Diabetes 7 10:45am Diabetes Meal Planning 1:00pm	8	Nutrition for Kids 9 1:00pm
Weight Management 12 1:00pm	13	Gestational Diabetes 14 10:45am Diabetes Meal Planning 1:00pm	15	Nutrition for Kids 16 1:00pm
Weight Management 19 1:00pm	20	Gestational Diabetes 21 10:45am Diabetes Meal Planning 1:00pm	22	Nutrition for Kids 23 1:00pm
Weight Management 26 1:00pm	27	Cooking Club 28 1pm Open to all! 	29	

All classes are in the Nutrition Education Room located on the 3rd floor of HHM Health Vickery Location.