



# APRIL

## Nutrition Class Calendar

*Note: Gestational Diabetes Classes are by appointment only.*



MON	TUE	WED	THU	FRI
1	2	3	4	<b>Nutrition for Kids</b> 1:00pm 5
<b>Weight Management</b> 1:00pm 8	9	<b>Gestational Diabetes</b> 10:45am <b>Diabetes Meal Planning</b> 1:00pm 10	11	<b>Nutrition for Kids</b> 1:00pm 12
<b>Weight Management</b> 1:00pm 15	<b>Nutrition for Diabetes</b> 5:00pm 16	<b>Gestational Diabetes</b> 10:45am <b>Diabetes Meal Planning</b> 1:00pm 17	18	19
22	23	<b>Cooking Club (English)</b> 1pm Open to all! 24 	25	<b>Nutrition for Kids</b> 1:00pm 26
<b>Weight Management</b> 1:00pm 29	30			

All classes are in the Nutrition Education Room located on the 3rd floor of HHM Health Vickery Location.