



MAY

Nutrition Class Calendar

Note: Gestational Diabetes Classes are by appointment only.



MON	TUE	WED	THU	FRI
		Gestational Diabetes 10:45am Diabetes Meal Planning 1:00pm		Nutrition for Kids 1:00pm
Weight Management 1:00pm		Gestational Diabetes 10:45am Diabetes Meal Planning 1:00pm		
Weight Management 1:00pm	Nutrition for Diabetes 5:00pm	Gestational Diabetes 10:45am Diabetes Meal Planning 1:00pm		Nutrition for Kids 1:00pm
Weight Management 1:00pm		Gestational Diabetes 10:45am Diabetes Meal Planning 1:00pm		Nutrition for Kids 1:00pm
Weight Management 1:00pm		Cooking Club 1pm Open to all!		



All classes are in the Nutrition Education Room located on the 3rd floor of HHM Health Vickery Location.