


# JULY

## Nutrition Class Calendar

*Note: Gestational Diabetes Classes are by appointment only.*



MON	TUE	WED	THU	FRI				
1	2	<b>Gestational Diabetes</b> 10:45am	3	4				
8	9	<b>Gestational Diabetes</b> 10:45am	10	11				
15	16	<b>Gestational Diabetes</b> 10:45am	17	18				
22	<b>Wellness Clinic</b> 8:30am	23	<b>Gestational Diabetes</b> 10:45am	24	<b>Prenatal Nutrition</b> 1:00pm	25	<b>Nutrition for Kids</b> 1:00pm	26
29	30	<b>Cooking Club</b> 1pm Open to all!	 <b>31</b>	<b>Prenatal Nutrition</b> 1:00pm	1	<b>Nutrition for Kids</b> 1:00pm	2	

All classes are in the Nutrition Education Room located on the 3rd floor of HHM Health Vickery Location.